



## CATERING MENU

### Dietary Restriction Guide



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### :: Appetizers & Hors D'Oeuvres ::

If there is an extended period between when guests arrive and when the meal is served, appetizers/Hors d'oeuvres might serve the purpose of sustaining guests during the wait. They are sometimes served with no meal afterward. This is the case with many reception and cocktail party events.

Appetizers/Hors d'oeuvres may be served at the table as a part of the sit-down meal. If served before sitting at the table they can either be stationary or passed. Stationary appetizers/hors d'oeuvres are also referred to as "table appetizers/hors d'oeuvre". Passed appetizers/hors d'oeuvre are also referred to as "butler-style" or "butlered" appetizers/hors d'oeuvres.


#### **BEEF**

- BEEF SATAY (\$3 per person)



*Catering Menu : DayoSense.com – 2018*











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- STEAK AND POTATO SATAY WITH HORSERADISH SAUCE (\$3 per person)  


## CHICKEN




- CHICKEN SATAY (\$3 per person)  


## PORK

- ANTIPASTI PLATTER (\$4 per person)  

- EGG ROLLS (\$3 per person)  
 (with  options available)
- GERMAN SAUSAGE AND STONE GROUND MUSTARD (\$3 per person)  

- MEAT, CHEESE AND CRACKERS (\$4 per person)  

- MELON AND PROSCIUTTO PLATTER (\$4 per person)  

- SLICED PORK WITH HOT MUSTARD (\$3 per person)  

- STUFFED MUSHROOMS (\$3 per person)  
 (  option available)
- WON TONS (\$4 per person)  


## SEAFOOD



- COCKTAIL SHRIMP (\$6 per person)  






- COCONUT SHRIMP WITH SWEET CHILI SAUCE (\$3 per person)
- SMOKED SALMON AND CREAM CHEESE ON A TOASTED BAGEL (\$3 per person)  
  (  options available)

## VEGAN/VEGETARIAN










- BRUSCHETTA WITH VARIOUS TOPPING OPTIONS (\$3 per person)  
     (  options available)
- CUCUMBER SLICES topped with CREAM CHEESE and SMOKED SALMON  
  
- FRUIT AND CHEESE (\$4 per person)  
    
- HOLIDAY BRUSCHETTA WITH BRIE SPREAD, DRIED CRANBERRY TAPENADE AND HONEY DRIZZLE (\$3 per person)
- MINI HUSH PUPPY MUFFINS (\$3 per person)  
 
- MINI VEGETARIAN EGG ROLLS WITH SWEET AND SOUR SAUCE (\$3 per person)  
   
- MIXED HONEY ROASTED NUTS (\$3 per person)  
    
- MOZZARELLA, TOMATO, BASIL SKEWERS (\$3 per person)  
   
- PITA OR TORTILLA CHIPS WITH DIPS (\$2 per person)  
     (  option available)
- SEASONAL FRUIT (\$3 per person)  
     
- SEASONAL VEGETABLE WITH AOLIES FOR DIPPING (\$3 per person)  
     (  option available)

- SLICED APPLES WITH WARM CARAMEL SAUCE (\$3 per person)  

- SOULFUL BRUSCHETTA WITH SWEET POTATO SPREAD AND COLLARD GREEN TAPENADE (\$3 per person)  

- SOUTHWESTERN BUSCHETTA WITH BLACK BEAN SPREAD AND ROASTED CORN RED PEPPER TAPENADE (\$3 per person)  
 With Cream Cheese, Smoked Salmon, Dill  

- SPANAKOPITA WITH TZATZIKI SAUCE (\$3 per person)  

- SPREADS AND DIPS (SALSAS, HUMMUS, SPINACH, GUACAMOLE) (\$3 per person)  
 (  option available)
- TROPICAL BITES (\$3 per person)  
 (  option available)
- TROPICAL BRUSCHETTA WITH MANGO PEACH SALSA TAPENADE (\$3 per person)  


## VARIOUS TOPPINGS

- BREAD AND SPREAD ASSORTMENTS (\$2 per person)  
 (  options available)
- EMPANADAS WITH VARIOUS STUFFING OPTIONS (\$4 per person)  
 option available
- FLATBREAD WITH A NUMBER OF TOPPING CHOICES (\$3 per person)  
 (  options available)
- MINI PIZZAS WITH VARIOUS TOPPINGS (\$4 per person)  
 (  options available)
- MINI QUICHE (\$3 per person)  
 (  option available)

- QUESADILLAS (\$3 per person)

    (  &  options available)













- TEA SANDWICHES (EGG SALAD, TUNA, CARROT, CURRY CHICKEN) (\$4 per person)









    (  options available)

## :: Meats ::






































The main course is usually the heaviest, heartiest and most complex or substantive dish on a menu. The main ingredient is usually meat or fish; in vegetarian meals the main course sometimes attempts to mimic a meat course. It is most often preceded by an appetizer, soup or salad and followed by a dessert. For those reasons the main course is sometimes referred to as the "meat course".




### **BEEF**

























- BEEF SHORT RIBS (\$12 per person)  

- BEEF SKEWERS (\$4 per person)  

- BEEF STEW (\$4 per person)  

- BEEF TAGINE (\$5 per person)  

- BROCCOLI BEEF (\$4 per person)  

- CARRIBEAN BEEF PATTIES (\$4 per person)  

- JERK BEEF SHORT RIBS (\$12 per person)  

- JERK MEATBALLS (\$3.50 per person)  

- MEATBALLS (\$3 per person)  
 (  options available)
- MOROCCAN BEEF KABOBS (\$4 per person)  

- PEPPERED PRIME RIB ROAST (\$9 per person)  


- SPICED BEEF KABOBS (\$4 per person)  



- STEAK FAJITAS (\$4 per person)  




 (  options available)

### **CHICKEN/POULTRY: (ALL TYPES OF MARINADES)**

- BBQ GRILLED CHICKEN (\$4 per person)  




- BUTTER CHICKEN (\$4 per person)  


- CHICKEN CORDON BLEU (\$6 per person)  



- CHICKEN FAJITAS (\$4 per person)  




 (  option available)
- CHICKEN KABOBS (\$4 per person)  




- CHICKEN MARSALA (\$5 per person)  



- CHICKEN NOODLE SOUP (\$4 per person)  

- CHICKEN PARMIGIANA (\$5 per person)  



- CHICKEN SKEWERS (\$4 per person)  




- CHICKEN TAGINE (\$5 per person)  




- CURRY CHICKEN (\$4 per person)  





- GENERAL TSO'S CHICKEN (\$4 per person)  



- HERB ROASTED TURKEY (\$4 per person)  




- JERK CHICKEN (\$4 per person)  




- ORANGE CHICKEN \$4 per person)  



- LOUISIANA FRIED CHICKEN (\$4 per person)  



- PARTY WINGS (TERIYAKI, BBQ, FRIED, SPICY) (\$4 per person)  



 ( options available)
- ROASTED CHICKEN (\$4 per person)  




- STUFFED CHICKEN (\$6 per person)  




## PORK

- BEER BRATS (\$4 per person)  



- GRILLED PORK CHOPS (\$4 per person)  




- GLAZED SPIRAL HAM (\$4 per person)  




- LOUISIANA FRIED PORK CHOPS (\$4 per person)  



- PORK RIBS (BBQ OR JERK) (\$4 per person)  







- ROASTED PORK LOIN (\$5 per person)  

- SMOTHERED PORK CHOPS (\$5 per person)  

- SWEET & SOUR PORK (\$4 per person)  

- WIENER SCHNITZEL (\$5 per person)  


## SEAFOOD

- BROILED HERB SALMON FILLETS (\$7 per person)  

- CRAB CAKES (\$12 per person)  

- GRILLED SHRIMP (ALL TYPES OF MARINADES) (\$9 per person)  

- LOUISIANA FRIED CATFISH (FILLETS OR NUGGETS) (\$5.50 per person)  

- POTATO CRUSTED SALMON (\$7 per person)  

- STEAMED CLAMS, MUSSELS OR OYSTERS (\$10 per person)  


## MEAT SUBSTITUTIONS

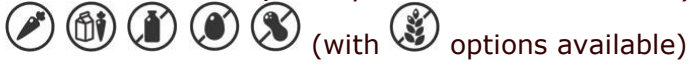
- FIELD ROAST LINKS (\$3 per person)  

- FIELD ROAST PATTIES (\$3 per person)  


- ROASTED TOFU (\$3 per person)



- MARINATED TOFU (Variety of Marinades and Rubs)(\$3 per person)















































## :: Starches and Sides ::

"Side" usually refers to a smaller portion served as a side dish rather than a large main dish serving. For example, a "side pasta" is usually served along-side the meat, in contrast to a large dinner-plate-sized "entrée pasta".











































A typical American meal with a meat-based main dish might include one vegetable side dish, sometimes in the form of a salad, and one starch side dish, such as bread, potatoes, rice or pasta.

### **PASTA**











- BAKED TORTELLINI GRATIN (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)
- CHOW MEIN (\$3 per person)  
   (with  options available)
- HEARTY FETTUCCINE ALFREDO (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  ,  options available)
- HEARTY PENNE PESTO (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)
- HEARTY SPAGHETTI (Side: \$3 per person, Entre: \$6 per person)  
  (  ,  ,  options available)
- JAMBALAYA (Side: \$3 per person) (Entre: \$6 per person)  
    (  ,  options available)
- JERK CHICKEN PASTA (\$3 side, \$6 entree)  
  
- LASAGNA (Entre: \$6 per person)  
  (  ,  options available)
- MACARONI AND CHEESE (Side: \$3 per person) (Entre: \$6 per person)  
 (  option available)
- MEAT RAVIOLI (Side: \$3 per person) (Entre: \$6 per person)  

- SEAFOOD FETTUCCINE ALFREDO (Entre: \$7 per person)  
  (  option available)





















- TORTELLINI PASTA (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)

## POTATOES

- BAKED POTATO (\$3 per person)  
   (  ,  ,  options available)
- CANDIED YAMS (\$3 per person)  
     
- GARLIC MASHED POTATOES (\$3 per person)  
    
- POTATO SALAD (\$3 per person)  
   
- QUICHE: VEGGIE, BACON, SEAFOOD (Entre: \$6 per person)  
 (  options available)
- ROASTED RED POTATOES (\$3 per person)  
     
- ROASTED YAMS (\$3 per person)  
     
- SAMOSAS (\$4 per person)  
  
- SCALLOPED POTATOES (\$3 per person)  
   

## RICE, BEAN, & DRESSING DISHES

- BAKED BEANS (\$3 per person)  
    (  ,  options available)
- COUS COUS (\$3 per person)  
   

- ENCHILADAS (\$4 per person)  

- FRIED RICE (\$4 per person)  
 (  ,options available)
- HERBED BASMATI RICE (\$3 per person)  

- REFRIED BEANS (\$3 per person)  

- RICE AND PEAS (\$3 per person)  

- RISOTTO (\$5 per person)  
 (  option available)
- SOUTHERN BLACK EYED PEAS OVER RICE (\$3 per person)  
 (  ,  options available)
- SOUTHERN CORNBREAD DRESSING (\$5 per person)  

- SOUTHERN RED BEANS OVER RICE (\$3 per person)  
 (  ,  options available)
- SPANISH RICE (\$3 per person)  

- TAMALES (\$5 per person)  

- WILD RICE WITH DRIED CRANBERRIES (\$3 per person)  
 (  options available)
- WHITE RICE WITH GRAVY (\$3 per person)  



## :: Side Dishes : Salads and Vegetables ::


"Side" usually refers to a smaller portion served as a side dish rather than a large main dish serving. For example, a "side salad" is usually served on a salad plate or salad bowl, in contrast to a large dinner plate-sized "entrée salad".

A typical American meal with a meat-based main dish might include one vegetable side dish, sometimes in the form of a green beans or broccoli and one starch side dish such as bread, potatoes, rice or pasta.

### SALADS

- ASIAN SESAME CHICKEN SALAD (entre: \$5 per person)  

- BACON SPINACH (\$2 per person) (entre: \$5 per person)  

- CAESAR SALAD (\$2 per person)  

- CHICKEN CAESAR SALAD (side: \$3 per person) (entre: \$5 per person)  

- COBB SALAD (entre: \$5 per person)  








- COLESLAW (\$2 per person)  

- CORN AND BLACK BEAN SALAD (\$2 per person)  






- FRESH MOZZARELLA AND TOMATO SALAD (\$2 per person)  



















- FRUIT SALAD (\$3 per person)  

- GREEK SALAD-SPINACH, CHERRY TOMATOES, CUCUMBER, FETA CRUMBLES (\$2 per person) (entre: \$5 per person)  
























- MOROCCAN SALAD (\$2 per person)  

- KALE WALDORF SALAD (\$2 per person)  

- ORZO SALAD (\$2 per person)  

- QUINOA TABOULI SALAD (\$2 per person)  

- SALAD BAR - SMALL (\$8 per person)  
 Includes 3 Greens, 2 Protein Choices, 10 Topping Choices, and 3 Dressing Choices
- SALAD BAR - LARGE (\$12 per person)  
 Includes 3 Greens, 4 Protein Choices, 20 Topping Choices, and 3 Dressing Choices
- SEASONAL GARDEN SALAD (\$2 per person)  

- SUMMER VEGETABLE SALAD (\$2 per person)  

- TACO SALAD (entre: \$5 per person)  


## VEGETABLES

- BLACK BEAN VEGETABLE CHILI (\$2 per person)  

- BRUSSELS SPROUTS (\$2 per person)  
 (with  options available)
- CABBAGE AND KIELBASA (\$4 per person)  

- CARIBBEAN COLLARD GREENS (\$2 per person)  


- CURRY VEGETABLES (\$2 per person)  

- FRIED OKRA (\$3 per person)  

- GARBANZO BEAN SALAD (\$2 per person)  

- GARLIC GREEN BEANS (\$2 per person)  
 (  option available)
- GLAZED CARROTS (\$2 per person)  

- GRILLED ASPARAGUS (\$3 per person)  

- HERBED BROCCOLI (\$2 per person)  
 (  option available)
- HOT GERMAN POTATO SALAD (\$3 per person)  

- MARINATED MUSHROOMS (\$2 per person)  

- MIXED ROASTED VEGETABLES (\$3 per person)  

- REFRIED BEANS (\$2 per person)  

- SAUERKRAUT (\$2 per person)  

- SAUTEED VEGETABLES (\$2 per person)  

- SAVORY CABBAGE (\$2 per person)  
 (  ,  options available)



- SAVORY COLLARD GREENS (\$2 per person)  






 ( ,  options available)
- SUCCOTASH (\$2 per person)  




- 7 VEGETABLE STEW (\$2 per person)  





- VEGETABLE STIRFRY (\$3 per person)  







## :: Breads, Desserts, and Beverages ::










A dessert is a type of food that is eaten after lunch or dinner. It is usually a sweet food like pie, cookies and cakes. In some countries cheeses such as brie fruit are served as dessert. Some desserts are decorated, like birthday cakes and others are simple, like pudding. Many desserts are baked (cooked in an oven). Some desserts are served with whipped cream as a topping.

### BREADS

- CHEESE BISCUITS (\$2 per person)  
 
- DINNER ROLLS (\$1 per person)  
 
- HONEY CORNBREAD MUFFINS (\$1 per person)  
 
- HUSHPUPPIES (\$2 per person)  
  
- NAAN BREAD (\$2 per person)  

- PRETZELS (\$2 per person)  


### DESSERTS BY EENIE'S TEENIE CAKES

- APPLE PIE (\$3 per SLICE)(\$2 per TART)(Diabetic Friendly)  
  
- BROWNIES (\$2 per person)  
 
- CHEESE CAKE (\$3 per SLICE)(\$2 per TART)<  
 
- CHOCOLATE MOUSSE (\$2 per person)(Diabetic Friendly)  
 

- CHURROS (\$2 per person)  

- CINNAMON CHURROS(\$2 per person)  

- COOKIES (\$2 per person)(Diabetic Friendly)  
 (  option available)
- FRESH FRUIT PARFAIT (\$3 per person)(Diabetic Friendly)  

- FRUIT AND CHEESE DESSERT PLATE (\$3 per person)(Diabetic Friendly)  

- LEMON BARS (\$2 per person)(Diabetic Friendly)  

- LEMON CUPCAKES (\$3 per CUPCAKE)(\$1.5 per MINI CUPCAKE)  
 (  option available)
- LEMON POUND CAKE (\$2 per person)(Diabetic Friendly)  

- PEACH COBBLER (\$3 per person)(Diabetic Friendly)  

- PECAN PIE (\$3 per SLICE)(\$2 per TART)  

- PINEAPPLE UPSIDE DOWN CAKES (\$3 per MINI CAKE)(Diabetic Friendly)  

- SWEET POTATO PIE (\$3 per SLICE)(\$2 per TART)  

- RED VELVET CUPCAKES (\$3 per CUPCAKE)(\$1.5 per MINI CUPCAKE)  
 (  option available)
- RUM CUPCAKES (\$3 per CUPCAKE)(\$1.5 per MINI CUPCAKE)  
 (  option available)

- STRAWBERRY SHORTCAKE (\$3 per MINI CAKE)(Diabetic Friendly)

  (  option available)

- TIRAMISU (\$3 per SLICE)

### **BEVERAGES:**

- ARNOLD PALMER- LEMONADE AND ICED TEA MIXED (\$1.25 per person)
- COFFEE (\$2 per person + \$1 for each break)
- FRUIT JUICES (\$1.25 per person)
- FRUIT PUNCH (\$1 per person)
- HOT TEA (\$2 per person + \$1 for each break)
- LEMONADE (\$1 per person)
- LIMEADE (\$1 per person)
- MINT TEA (\$1 per person)
- PEACH SWEET TEA (\$1.25 per person)
- ROSEMARY LEMONADE (\$1.25 per person)
- SODAS (\$1 per person)
- SOUTHERN SUNRISE-ORANGE JUICE WITH GRENADINE (\$1.25 per person)
- SWEET TEA (\$1 per person)

## **:: Sandwiches and Wraps ::**

### **SANDWICH BAR (\$10)**

- Includes 5 bread types, 3 meat types, 3 Cheese types, 5 spreads, and 5 vegetable toppings.

### **SANDWICHES: (Minimum 5 of each sandwich type)**

- Caprese Sandwich with Wheat/Sourdough/Rye/Croissant/Gluten Free Bread, Fresh Mozzarella, Roma Tomato, Fresh Basil, and Herb Olive Oil Spread (Vegetarian) (\$5)
- Croissant Sandwich on Large Buttery Croissant Bread, Honey Ham/Roasted Turkey/Roasted Beef, Lettuce, Tomato, Cheddar/Swiss/Pepper Jack Cheese, Mayonnaise, and Mustard (\$6)
- Deli Sandwich with Wheat/Sourdough/Rye Bread/Gluten Free Bread, Honey Ham/Roasted Turkey/Roasted Beef, Lettuce, Tomato, Cheddar/Swiss/Pepper Jack Cheese, Mayonnaise, and Mustard (\$5)
- Po Boy Sandwich on Hoagie Roll, Shrimp/Catfish/Tofu, Shredded Lettuce, Tomato, and Mayonnaise (\$5)
- Vietnamese Sandwich on French Baguette, Pork/Chicken/Tofu, Pickled Carrots, Jalapeño, Cilantro, Cucumbers, and Mayonnaise (\$5)

### **WRAPS: (Minimum 5 of each wrap type)**

- BBQ Pulled Pork with Slaw Wrap (\$5)
- Curry Chicken Salad Wrap (\$5)
- Grilled Chicken Caesar Wrap (\$5)
- Roasted Vegetables with Blackeye Pea Hummus Wrap (\$5)
- Teriyaki Chicken with Rice and Slaw Wrap (\$5)













## :: Breakfasts ::

Breakfast is the most important meal of the day. Let DayoSense Catering help you dive into your day with our delicious selection of breakfast choices.

### CONTINENTAL BREAKFAST

- Our Continental Breakfast includes a Seasonal Fruit Platter, Sweet/Savory Breads, coffee and tea service, and choice of orange juice, apple juice, and/or cranberry juice. (\$9 per person)

### EGGS/DAIRY :

- BOILED EGGS (\$1 per person)  
  
- FRITATAS with VARIOUS FILLERS (\$4 per person)  
 ,  option available
- GREEK YOGURT BAR (\$4 per person)  
With Granola, Fresh Berries and Honey
- INDIVIDUAL YOGURT ASSORTMENT (\$2 per person)  
Individual cups of Greek and Yoplait Yogurt in various flavors
- MEAT LOVERS SCRAMBLE or FRITTATA (\$4 per person)
- NORTHWEST SCRAMBLE or FRITTATA (\$4 per person)  
*Made with Fresh Spinach, Mushrooms, Goat Cheese and Smoked Salmon*
- QUICHE with VARIOUS FILLERS (\$6 per person)  
 option
- SCRAMBLED EGGS PLAIN (\$3 per person)  
 
- SCRAMBLED EGGS with CHEESE (\$3.25 per person)  
 
- SCRAMBLED EGGS with VARIOUS FILLERS (\$3.5 per person)  
 ,  option available
- TOFU VEGETABLE SCRAMBLE (\$3 per person)
- VEGETABLE SCRAMBLE or FRITTATA (\$3 per person)







## STARCHES / GRAINS :

- BELGIAN WAFFLES (\$4 per person)  
With choice of whipped cream, strawberries, or syrup
- CEREAL BAR (\$4 per person)  
 ( ,  option available)
- GRANOLA BARS with MIXED FLAVORS (\$2 per person)  
 (  option available)
- GRITS (\$3 per person)  
 (  option available)
- HASHBROWNS (\$3 per person)  












- OATMEAL BAR (\$4 per person)  
 (  option available)
- ROASTED RED POTATOES (\$3 per person)  

- SHRIMP AND GRITS (\$10 per person)  
 (  option available)
- TATER TOTS (\$2 per person)  


## MEATS :

- SAUSAGE LINKS (\$3 per person)  
 (  option available)
- SAUSAGE PATTIES (\$3 per person)  
 (  option available)
- SLICED HONEY HAM (\$4 per person)  

- THICK SLICED BACON (\$4 per person)  


## BREAKFAST BREADS :

- BAGELS AND SPREADS (\$2 per person)  
  (  option available)
- BISCUITS AND JELLIES (\$1.50 per person)  
 
- CINNAMON ROLLS (\$2 per person)  
 
- ENGLISH MUFFIN BREAKFAST SANDWICH (\$4 per sandwich)  
*Sandwich comes with egg, cheese, and choice of sausage patty, ham, bacon or veggie patty*  
 
- FRENCH TOAST with Syrup (\$3 per person)
- MUFFINS (\$2 per person)  
 
- SCONES AND JELLIES (\$3 per person)  
  
- TOAST AND JELLIES (\$1.50 per person)  
   (  option available)



## **:: To-Go Packs ::**

Our TO-GO PACK offerings include Breakfast Packs, Lunch Packs, Dinner Packs and Snack Packs. (Minimum order of 5 for each pack)

### **BREAKFAST PACKS**

Includes Fruit Salad, Yogurt, and Orange Juice with choice of:

- Croissant and Jam or Muffin (\$10)
- English Breakfast Sandwich (\$12)
- Quiche (\$12)
- Two Hard Boiled Eggs with Salt and Pepper Packet (\$12)

### **LUNCH PACKS**

Includes Lunch Entree, Side Salad, Chips, Cookie and Bottled Water with Utensils and Napkins (\$12)

- **Lunch Entree Options**
  - Sandwich
  - Wrap
  - Entree Salad
- **Side Salad Options**
  - Fruit Salad
  - Garden Salad
  - Potato Salad
  - Roasted Vegetables
- **Potato Chip Options**
  - Cascade Original
  - BBQ
  - Maui Onion
- **Cookie Options**
  - Chocolate Chip
  - Peanut Butter
  - Oatmeal

## **DINNER PACKS**

Includes dinner entree, side starch, garden salad, piece of chocolate, bottled water, utensils and a napkin (\$15)

- **Dinner Entree Options**
  - Lasagna
  - Meatballs
  - Roasted Tofu
  - Roasted Chicken
  
- **Side Starch Options**
  - Garlic Mashed Potatoes
  - Macaroni and Cheese
  - Pasta with Pesto Sauce
  - Roasted Vegetables

## **SNACK PACKS**

- Includes individually wrapped packaged popcorn, peanuts/fruit/chocolate, string cheese and a granola bar (\$9)

## :: Bars ::

Our BARS are intended for groups of 10 or more. Cost is \$11 per person (does not include Service Charge and State Taxes).

### **Bars :**

- **BAKED POTATO BAR (\$9)**  
Includes Baked Potatoes and Shredded Cheese, Sour Cream, Bacon Bits, Chives, Broccoli, Vegetarian Chili Choices
- **BURGER BAR (\$14)**  
Includes Hamburger Buns with Beef Patties, Chicken Patties, Vegan Patties, Sliced Cheese, Lettuce, Tomato, Bacon, Pickles, Onion, Mayo, Mustard, Ketchup, BBQ Sauce choices
- **CEREAL BAR (\$10)**  
Includes 5 different Breakfast Cereals, Sliced Strawberries, Blueberries, Sliced Bananas, 2% Milk, and Almond Milk choices
- **CHILI BAR (\$12)**  
Includes Hearty Meat Bean Chili and Vegetarian Chili with Shredded Cheese, Sour Cream, Chopped Onions, Cornbread Muffins, Saltine Crackers, Tortilla Strips choices
- **FAJITA BAR (\$13)**  
Includes Chicken Fajita, Steak Fajita, and Tofu Fajita with Shredded Cheese, Refried Beans, Sour Cream, Salsa, and shredded Lettuce, flour Tortillas, Corn Tortilla Chips choices
- **NACHO BAR (\$8 per person)**
- **OATMEAL BAR (\$5)**  
Includes Oatmeal with Heavy Cream, Brown Sugar, Chopped Walnuts, Raisins, Dried Cranberry choices
- **SALAD BAR - SMALL (\$8)**  
Includes 3 greens, 2 protein choices, 10 topping choices, and 3 dressing choices
- **SALAD BAR - LARGE (\$12)**  
Includes 3 greens, 4 protein choices, 20 topping choices, and 3 dressing choices
- **SANDWICH BAR (\$10)**  
Includes 5 bread types, 3 meat types, 3 cheese types, 5 spreads, and 5 vegetable toppings.
- **TACO BAR (\$8)**
- **YOGURT BAR (\$4)**  
Includes Plain Greek Yogurt with Honey Granola, Sliced Strawberry, and Blueberry choices.

## **:: Cultural Options ::**

DayoSense now offers special culturally themed menus to choose from when planning your event. Check back often, as themes are added often!

### **CARIBBEAN**

- Beef Patties
- Caribbean Collard Greens
- Jerk Chicken
- Jerk Chicken Pasta
- Jerk Meatballs
- Rice and Peas
- Tropical Bruschetta

### **CHINESE**

- Broccoli Beef
- Chow Mein
- Egg Rolls
- Fried Rice
- General Tso's Chicken
- Orange Chicken
- Sautéed Vegetables
- Sweet & Sour Pork
- Won Tons

### **GERMAN**

- Beef Stew
- Beer Brats
- Brussels Sprouts
- Cabbage and Kielbasa
- Hot German Potato Salad
- Pretzels
- Sauerkraut
- Wiener Schnitzel

### **INDIAN**

- Butter Chicken
- Curry Chicken
- Curry Vegetables
- Garbanzo Bean Salad
- Herbed Basmati Rice

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- Naan Bread
- Samosas
- Spiced Beef Kabobs

## **ITALIAN**

- Antipasto Platter
- Bruschetta
- Caprese Skewers
- Chicken Marsala
- Chicken Parmigiana
- Fettuccine Alfredo
- Lasagna
- Melon and Prosciutto Platter
- Meatballs
- Ravioli
- Spaghetti (Meat Sauce or Meatballs)
- Tortellini

## **MEXICAN**

- Churros
- Enchiladas
- Empanadas
- Fajitas
- Nachos Bar
- Refried Beans
- Spanish Rice
- Taco Bar
- Tamales

## **MOROCCAN**

- Beef Tagine
- Chicken Kabobs
- Chicken Tagine
- Cous Cous
- Mint Tea
- Moroccan Beef Kabobs
- Moroccan Salad
- 7 Vegetable Stew

## **SOUL FOOD**

- Candied Yams
- Collard Greens
- Fried Chicken
- Fried Catfish
- Fried Okra
- Hushpuppies
- Macaroni and Cheese
- Mashed Potatoes and Gravy
- Peach Cobbler
- Pecan Pie
- Red Beans and Rice
- Red Velvet Cupcakes
- Smothered Pork chops
- Succotash
- Sweet Potato Pie
- Sweet Tea

## :: Sample Menus ::

DayoSense offers a wide variety of delicious items to choose from. However, to make things a bit easier we've assembled menu themes for our Breakfast, Lunch and Dinner options below. Please also check out our new Cultural Options page for even more menu ideas.

### **BREAKFAST**

- **CONTINENTAL BREAKFAST**  
Fruit, Pastries, Yogurt, Coffee/Tea and Orange Juice
- **SOUTHERN BREAKFAST**  
Scrambled Eggs, Grits, Bacon/Sausage, Biscuits and Orange Juice (\$11 per person)
- **TRADITIONAL BREAKFAST**  
Scrambled Eggs, Hash browns, Bacon/Sausage, Toast and Orange Juice

### **LUNCH/DINNER**

- **BBQ THEME**  
Baked BBQ Chicken, DayoSense Signature Baked Beans, Potato Salad, Honey Cornbread Muffins, Cookie Assortment and Arnold Palmer (Iced Tea and Lemonade Mixed)
- **BOXED LUNCHES**  
Sandwich or Wrap, Potato Chips, Fruit Salad, Cookie and Bottled Water
- **NORTHWEST THEME**  
Baked Herbed Salmon, Wild Rice with Dried Cranberries, Garlic Green Beans, Dinner Rolls, Apple Crisp Tarts and Rosemary Lemonade
- **SOUTHWEST THEME**  
Chicken or Steak Fajitas with Flour Tortillas, Fajita Topping Bar, Spanish Rice, Refried Beans, Cinnamon Churros and Limeade
- **STEAKHOUSE THEME**  
Peppered Prime Rib Roast with Au Jus, Baked Potato with Toppings, Roasted Mixed Mediterranean Vegetables, Dinner Rolls, Cheesecake by the slice and Fruit Punch
- **THANKSGIVING THEME**  
Turkey with Gravy, Cornbread Dressing, Garlic Green Beans, Cranberry Sauce and Sweet Potato Pie
- **TRADITIONAL LUNCHEON MEAL**  
Roasted Chicken, Wild Rice with Dried Cranberries, Garlic Green Beans, Garden Salad, Dinner Rolls and Lemonade

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