



## CATERING MENU

### :: Starches and Sides ::


















"Side" usually refers to a smaller portion served as a side dish rather than a large main dish serving. For example, a "side pasta" is usually served along-side the meat, in contrast to a large dinner-plate-sized "entrée pasta".





























A typical American meal with a meat-based main dish might include one vegetable side dish, sometimes in the form of a salad, and one starch side dish, such as bread, potatoes, rice or pasta.

### Dietary Restriction Guide



































### PASTA

- BAKED TORTELLINI GRATIN (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)
- CHOW MEIN (\$3 per person)  
   (with  options available)
- HEARTY FETTUCCINE ALFREDO (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  ,  options available)
- HEARTY PENNE PESTO (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)

- HEARTY SPAGHETTI (Side: \$3 per person, Entre: \$6 per person)  
  (  ,  ,  options available)
- JAMBALAYA (Side: \$3 per person) (Entre: \$6 per person)  
    (  ,  options available)
- JERK CHICKEN PASTA (\$3 side, \$6 entree)  
  
- LASAGNA (Entre: \$6 per person)  
  (  ,  options available)
- MACARONI AND CHEESE (Side: \$3 per person) (Entre: \$6 per person)  
 (  option available)
- MEAT RAVIOLI (Side: \$3 per person) (Entre: \$6 per person)  

- SEAFOOD FETTUCCINE ALFREDO (Entre: \$7 per person)  
  (  option available)
- TORTELLINI PASTA (Side: \$3 per person) (Entre: \$6 per person)  
  (  ,  options available)

## POTATOES

- BAKED POTATO (\$3 per person)  
   (  ,  ,  options available)
- CANDIED YAMS (\$3 per person)  
     
- GARLIC MASHED POTATOES (\$3 per person)  
    
- POTATO SALAD (\$3 per person)  
   
- QUICHE: VEGGIE, BACON, SEAFOOD (Entre: \$6 per person)  
 (  options available)
- ROASTED RED POTATOES (\$3 per person)  
     

- ROASTED YAMS (\$3 per person)  

- SAMOSAS (\$4 per person)  

- SCALLOPED POTATOES (\$3 per person)  


## **RICE, BEAN, & DRESSING DISHES**

- BAKED BEANS (\$3 per person)  
 ( , ) options available)
- COUS COUS (\$3 per person)  

- ENCHILADAS (\$4 per person)  





- FRIED RICE (\$4 per person)  
 ( , ) options available)
- HERBED BASMATI RICE (\$3 per person)  

- REFRIED BEANS (\$3 per person)  

- RICE AND PEAS (\$3 per person)  

- RISOTTO (\$5 per person)  
 ( ) option available)
- SOUTHERN BLACK EYED PEAS OVER RICE (\$3 per person)  
 ( , ) options available)
- SOUTHERN CORNBREAD DRESSING (\$5 per person)  

- SOUTHERN RED BEANS OVER RICE (\$3 per person)  
 ( , ) options available)

- SPANISH RICE (\$3 per person)  

- TAMALES (\$5 per person)  

- WILD RICE WITH DRIED CRANBERRIES (\$3 per person)  
 (  options available)
- WHITE RICE WITH GRAVY (\$3 per person)  
